

## **Triple P** Positive Parenting Program

What: Unique Parenting Seminars

When: Tuesdays; January 23, 30 & February 6<sup>th</sup> 6:00-7:30 PM

Seminar 1. The Power of Positive Parenting

Seminar 2. Raising Confident, Competent Children

Seminar 3. Raising Resilient Children

Where: McKay Elementary

7485 SW Scholls Ferry Rd Beaverton, OR 97008

\*Snacks and Childcare will be provided!

Join us for 3 evenings of learning new informative parenting strategies that will help parents learn more about ways to encourage your children to develop the skills they need to function well at home, school, and out in the world.

<u>Child skills promoted through Triple P</u> Social and language skills Independence and Problem solving skills

Parent skills promoted through Triple P: Self Care, Resourcefulness, and Wellbeing

<u>Contact:</u>

To reserve a spot for your family, **please call** *Elena Pineda—Early Learning Family Resource Manager @ 503-277-0484* Offered by LifeWorks NW and The Beaverton School District. There is no cost to participate.

These seminars are offered in English and Spanish!