

An Exciting Opportunity for Mountain View Families!



Strengthening Families Program for Parents and their Middle Schoolers

What: A weekly class for Parents and Youth

When: Thursdays 2/1/18-3/15/18

**Childcare and
Dinner Provided**

**\$50 Gift Card for
Good Attendance**

Where: Mountain View Middle School

17500 SW Farmington Rd

Beaverton, OR 97007

Time: 5:30-6:00 Dinner

6:00-8:00 Class

Benefits for Youth:

- Learn ways that you can handle stress, anger and peer pressure.
- Have fun with your family and friends.

Benefits for Parents:

- Practice strategies that help you to effectively parent teens.
- Learn what to expect from your middle schooler.
- Share and discuss parenting issues with other parents.

How to sign up:

To reserve a spot, call or email Koali Blumer-Buell at 503-568-1144 or koalib@lifeworksnw.org. Please provide your name, phone number, number of children needing childcare, and the number of adults and youth ages 10-14 planning to attend.

This program is Coordinated by LifeWorks NW and funded by Washington County.