Parenting Together Washington County

2016-2017

SERVING WASHINGTON COUNTY

Oregon Parenting Education Collaborative Report

Mission: Parenting Together Washington County builds and sustains life-long learning connections between children, families and communities to enable all to thrive.

Vision: Our community raises strong, healthy children and families who are life-long learners, with equitable opportunities to succeed and reach their full potential.

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PROGRAMMING OVERVIEW

		2016-2017	CUMULATIVE
ACTIVITY	DESCRIPTION	TOTAL	TOTAL*
	Parenting Series Completed	7	13
OPEC Funded Parenting Education	Parenting Classes	82	144
	Parents Attended At Least One Class	88	171
	Parents Attended—Average	76	154
Series	Parents Attended 70% or More	68	144
Series	Children/Youth Attended	78	174
	Contact Opportunities (parents & youth)	1,866	3,660
			7
	Parenting Series Completed	6	7
Other	Parenting Classes	56	61
Parenting	Parents Attended At Least One Class	71	81
Education	Parents Attended—Average	55	63
Series	Parents Attended 70% or More	48	56
	Children/Youth Attended	62	62
	Contact Opportunities (parents & youth)	1,071	1,111
		22	20
Parent	Number of Sessions	23	29
Workshops	Parents Attended	301	370
	Children/Youth Attended	382	465
	Number of Sessions	13	13
Parent Support	Parents Attended	43	43
Activities	Children/Youth Attended	52	52
Family Activities	Number of Activities	5	20
	People Attended	366	4,615

^{*}Cumulative totals from 2015-2017



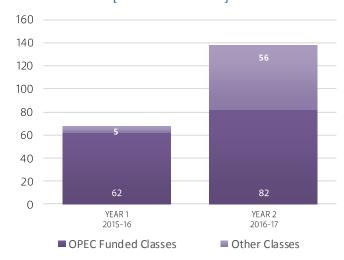


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SERIES & FAMILY PROGRAMS

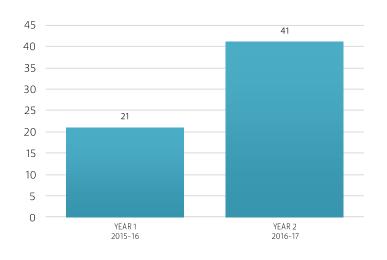
PARENTING EDUCATION SERIES

[NUMBER OF CLASSES]



FAMILY PROGRAMS

[WORKSHOPS, PARENT SUPPORT ACTIVITIES, AND FAMILY ACTIVITIES]

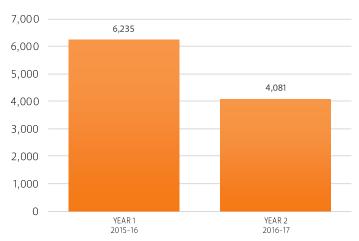


TOTAL CONTACTS



Total Contacts includes parents and youth contacted during all parenting education series, parents and youth who attended workshops, parents and youth who attended parent support activities, and people who attended family activities.

TOTAL CONTACTS



ORGANIZATIONAL CAPACITY OVERVIEW

ACTIVITY	DESCRIPTION	2016-2017 TOTAL	CUMULATIVE TOTAL *
Facilitators Trained	OPEC Facilitators Trained	2	2
in Curricula	Other Facilitators Trained	24	62
	Funds Leveraged	\$28,000	\$751,383
Funds Leveraged	In-Kind Leveraged	\$35,000	\$72,000
	Total Leveraged	\$63,000	\$823,383
Advisory Meetings	Number of Meetings	36	65
Professional	Professional Development Sessions for Facilitators	0	5
Development	Professional Development Sessions for OPEC Staff	26	34
Programs with	Programs Held in School Facilities	274	450
Programs with Schools	Additional Programs in Collaboration with Schools	46	52

^{*}Cumulative totals from 2015-2017.



DEMOGRAPHICS

[OF FAMILIES COMPLETING EVALUATIONS FOR PARENTING SERIES AND WORKSHOPS]

GENDER		
83%	Women	
12 %	Men	
5 %	Did not specify	
RACE/ETHNICITY		
47 %	White/Caucasian	
36 %	Hispanic/Latino	
3 %	Black/African American	
5%	Asian/Pacific Islander	
0%	Native American	
9%	Other/Did not specify	
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CHILDREN		
0-18	Age range	
6	Average age	
17 %	Age 0-6 years	
2	Children per family	
COUNTY		
100%	Washington County	

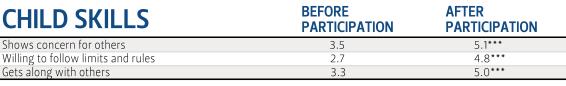
PARENT AGE		
19-56	Age range	
34	Average age	
PARENTING STYLE		
64%	With partner	
28%	By themselves	
8%	Did not specify	
LOW INCOME STATUS		
71 %	Use at least one resource for low income families (WIC, OHP, SNAP/TANF, Free/Reduced Lunch)	

DADENT ACE

PARENT & CHILD SKILLS

PARENTING SKILLS	BEFORE PARTICIPATION	AFTER PARTICIPATION
Know normal behavior for my child(ren)'s age level	3.0	4.9***
Show my child(ren) love and affection frequently	4.4	5.6***
Listen to my child(ren) to understand their feelings	4.0	5.3***
Help my child(ren) feel good about themselves	4.1	5.4***
Set and stick to reasonable limits and rules	3.0	4.8***
Know fun activities to help my child(ren) learn	3.7	5.2***
Find positive ways to guide and discipline my child(ren)	3.5	5.2***
Play with my child(ren) frequently	3.8	5.1***
Protect my child(ren) from unsafe conditions	4.8	5.7***
Talk with other parents to share experiences	3.4	4.6***
Deal with the day-to-day stresses of parenting	3.0	4.8***
Understand my goals and values as a parent	3.5	5.4***





The retrospective t-test design revealed **significant** improvement in child 'skills on starred items.

Note: Dependent t-tests were used to calculate significance levels. ***Significant results indicate child skills improved after the parenting education series, p < 0.05. N = 39.



PARENTING EDUCATION SERIES

SATISFACTION

PARENTING WORKSHOPS

of parents reported that the class series was somewhat or very helpful

of parents reported they would recommend the class series to others

of parents reported that the workshop was somewhat or very helpful

of parents reported that they would use the information from the workshop



Aprendí cómo ser un mejor padre.

cuentos.

[FROM PROGRAM PARTICIPANTS]

Mi hijo ha mostrado mayor interés en leer

I am very grateful for all the classes that were offered to me because as a mother it helped me to understand my children more and I am happy.

I have more understanding of how I can help and support my child.

Mi niña viene muy contenta cada vez que tomamos la clase juntos porque sabe que ella está feliz que su mamá está en clase con todas las mamás.

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STRENGTHS

Fostered new and continuing mini-grant partnerships, supporting evidence-based parenting education for universal and targeted groups of parents

Supported many successful school readiness and parenting workshops in collaboration with community partners and schools

Received support from an Encore Fellow to manage and support new website development

Hosted a full-day Family Engagement Conference for family engagement and parenting education professionals

Served as a Vroom texting pilot site



CHALLENGES

Potential funding cuts to the Early Learning Hub have the potential to impact parenting programming

Lack of active interfaith organization in the county through which a relationship could be built with faith-based communities

Lower than hoped for enrollment in Spanishspeaking *Nurturing Hope* class

Unable to find a mini-grant partner to conduct an evidence-based summer series

Class location that did not align with family transportation needs, resulting in a shift in location



LESSONS LEARNED



The planning, organizing, and culmination of the Parenting Together Washington County & Early Learning Washington County Family Engagement Conference in May validated the need to continually reach out and engage the broad representation of family engagement and parenting education staff across sectors. Participant feedback overwhelmingly spoke to the unique opportunity for networking and engaging with peers across family engagement communities. The speakers, facilitators, and workshop topics were well received and evaluation feedback was universally positive as to the value of the content and the expertise of the facilitators.

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LESSONS LEARNED

[CONTINUED]



PTWC's partnership with the Immigrant & Refugee Community Organization (IRCO) in reaching out to Washington County's growing newcomer and immigrant community reinforced the importance of the absolute importance of cultural and linguistic responsiveness in engaging families who have little knowledge and experience with supports that exist to help strengthen their existing knowledge of what it is to be a parent. Partnerships with community-based organizations that have depth of experience in working with one or more culturally specific communities are essential to engaging families who otherwise remain in the shadows of Oregon's many communities.

The Sherwood School District elevated the value of new and creative approaches to engage families in learning and fun with their children through the creative choices of community-based facilitators and by offering Yoga and Singing and Signing.



PLANS FOR 2017-2018

Parenting Together Washington County (PTWC) is delighted to be ahead of schedule on our website design and launch due largely to the efforts of our Encore Fellow, Lori Gates, and her work with community partners. Washington County Health and Human Services communication coordinator has volunteered to provide the final phase of review and feedback. Planned launch is targeted for late August or early September 2017. The PTWC Senior Program Coordinator along with at least one community partner will be interviewed for the monthly taping of Community Matters, an on-air program that will focus on informing the public about the mission and activities of PTWC and connect to the website launch opportunity.



We will continue to explore collaborative event sponsorship advertisement promotion opportunities to further our efforts in building a stronger and more connected family engagement community of practice.

Finally, PTWC will continue our commitment to sustain our mission to build and sustain lifelong learning connections between children, families, and communities to enable all to thrive.