



Developing our Children's Skills 2018: Parenting Classes for Families of Children with Challenging Behaviors

Join us for a **six-week parenting class** for families and caregivers of children with special healthcare needs.

Class topics include:

- Early childhood development
- Routines & rituals
- Prevention tools for challenging behaviors
- New parenting skills & stress reduction techniques

HOT DOCS Master Trainer and Instructor **Linda Sinclair** is an internationally certified autism specialist with more than 20 years' experience as a special educator, family advocate, and parent trainer.

HOT DOCS is a parenting curriculum developed by the University Of Southern Florida's Department of Pediatrics to help parents address difficult behaviors in children with special needs, including autism spectrum disorders. The program provides parenting strategies in a highly interactive group setting.

Suggested donation is \$50 to cover class materials. Please call for more information.

Swindells Resource Center
Serving families of children
with special healthcare needs
2018 Community Education

3 LOCATIONS:

MONDAYS

July 9th – August 13th

10:00am – 12:00pm
Providence St Vincent Medical
Center
9135 SW Barnes Rd
Portland, OR 97225

FRIDAYS

July 20th – August 24th

10:00am – 12:00pm
Providence Newberg Medical
Center
1001 Providence Dr.
Newberg, OR 97132

MONDAYS

September 17th – October 22nd

6:00pm – 8:00pm
Providence Portland Medical
Center
4805 NE Glisan St
Portland, OR 97213

Registration:

Class size is limited and pre-registration is required. Register by phone at 503-216-4421 or toll free at 800-833-8899 ext. 52429.