



# Armed with Hope Conference

Teen Mental Health Conference

Presented by **Teens Finding Hope**

- For:** Teens who are impacted by mental health struggles and their supporters
- Place:** Host Location--Sunset Presbyterian Church—14986 NW Cornell Rd Portland off Hwy 26 and Cornell
- Time:** **September 29<sup>th</sup> 2018** 9-2:30 Registration begins at 8:30
- Cost:** Suggested Donation \$10 per person, \$25 per family lunch included

Register online at

<http://www.teensfindinghope.org/conference.html>

Key Note: **Jeff Yalden** Teen Mental Health & Motivational Speaker Jeffyalden.com  
Workshop options for both teens and their supporters. Panel lunch hosted by ASHA International with teens and counselors who can answer your questions.

Resources provided by

**Teens Finding Hope, ASHA International, Lines for Life, Dougy Center, NAMI**



Email questions to Kristi Barth at [teensfindinghope@yahoo.com](mailto:teensfindinghope@yahoo.com)