

### STARTING JANUARY 28, 2021

## WANT MORE TOOLS IN YOUR PARENTING TOOLBOX?

# JOIN THE INCREDIBLE YEARS PARENTING CLASS!

A parenting class focusing on tools for parenting kids ages 3-8

We help parents address problems with:

- Tantrums
- Not listening to adults
- Sibling conflict

#### Some things we teach are:

- Using play to build on your relationship
- Using praise to encourage positive behavior
- Setting clear limits
- Increasing the Joy of Parenting

#### Free Virtual Class!

(for caregivers of children ages 3-8)

#### 12-week class

January 28 – April 15

1:00-2:30 pm

Registration is required

Click Here to begin enrollment

Contact Rachel Blodgett, LPC with questions

Rachel.Blodgett@morrisonkids.

Please include your name, phone number, and the best time to reach you.

Facilitated by Rachel Blodgett, LPC, and Heather Peacock, QMHP

#### **HELD ON ZOOM**

Full group weekly meeting and weekly small group consultation

