



*With Licensed Psychologist Dr.
Amy Stoeber and Parent Mentor
Raylene Edwards*

I Didn't Sign Up for This!

*Practical Guidance for Parents During
the Pandemic*

This FREE workshop and series will:

- Address concerns and create a safe space for families to process stress in their current environment
- Offer tangible tools for parents to support their children and manage overwhelming stress

Join us!

February 4th, 2021 5:30 to 7pm

[Click here to register for the event!](#)

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