

# PARENT SPEAKER SERIES

March 30 - April 27, 2021



**Free** interactive presentations designed to provide useful information, tips, and tools for parents/guardians of children K-8.

Time: 6:00pm-7:00pm PST

Dates: March 30: Anxiety & Depression  
April 6: STE(A)M Activities at Home  
April 13: Talking About Differences  
April 20: Helping with Homework  
April 27: Work/Life Balance + Self-Care

Register for one or all sessions [here](#)

**WASHINGTON  
COUNTY  
KIDS**



In partnership with  
Sequoia Mental Health Services