

STARTING SEPTEMBER 23, 2021 MAKE PARENTING A PLEASURE

12-week class for caregivers of children 0-8 years who live in Washington County

This class will help you to:

- Align your parenting with your values and goals
- Learn about self-care and managing stress
- Gain a better understanding of your children and how to support their unique needs
- Structure and prioritize family needs with rules and routines
- Use responsive communication to strengthen your bond with your child
- Learn how to use discipline as teaching and build your toolbox of effective discipline strategies

Class includes weekly individual consultation for each family



Free Virtual Class! For caregivers of children ages 0-8 in Washington County

12-Week Class Held on Zoom Sept. 23-Dec.16 10:00AM-12:00PM

Registration is required! <u>Click here</u> to begin enrollment or scan the QR code below



CONTACT STEPHANIE CLODFELTER, MSW WITH QUESTIONS Stephanie.Clodfelter @morrisonkids.org

971-284-7249