



Presented in
English and
Spanish



It's OK to not be OK

*Finding Your Village During
the Pandemic*

This FREE workshop and series will:

- Address concerns and create a safe space for families to process stress in their current environment
- Offer tangible tools for parents to support their children and manage overwhelming stress

*With Licensed Psychologist Dr. Amy
Stoeber and Parent Educators,
Lilia Guerrero & Rebecca Chavolla*

Questions?

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November 3, 2021 6:00 to 7:30pm

[Click here to register for the event!](#)