



STARTING OCTOBER 5, 2022 MAKE PARENTING A PLEASURE

A 12-week virtual class for caregivers of children 0-8 years who live in Washington County

This class will help you to:

- Align your parenting with your values and goals
- Learn about self-care and managing stress
- Gain a better understanding of your children and how to support their unique needs
- Structure and prioritize family needs with rules and routines
- Use responsive communication to strengthen your bond with your child
- Learn how to use discipline as teaching and build your toolbox of effective discipline strategies

Class includes regular private consultation for each family



Free Virtual Class!
For caregivers of
children ages 0-8
in Washington
County, OR

12-Week Zoom Class
Wednesdays
Oct. 5-Dec. 21
3:30-5:30PM

Registration is
required! [Click here](#)
to begin enrollment
or scan the QR
code below



CONTACT STEPHANIE
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WITH QUESTIONS

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