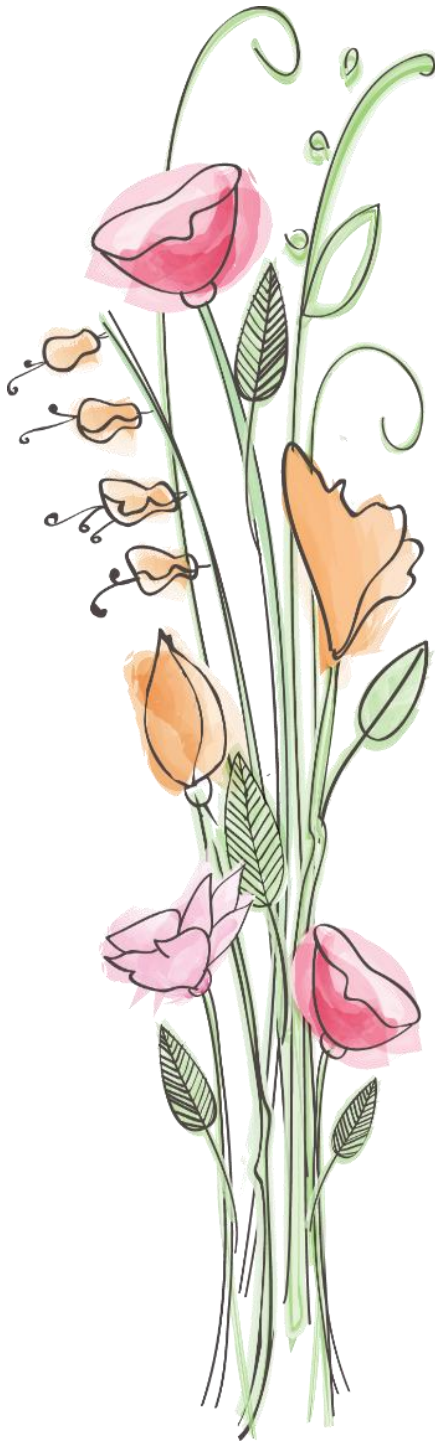


Moms Support Circle



Dear mama,

We invite you to join our support circle for amazing women like you.

Together we can form a community of moms who come together to support one another on this journey.

Come share your parenting experiences, learn tools to live happier, and discover helpful resources.

Connect with us through Zoom **every Thursday from 11 am to 12:30 pm.**

<https://zoom.us/join>
ID: 813 4143 6619



See you soon!

If you have any questions at all, feel free to reach out to me:

Dalila Sarabia Forbush
(503) 707-5810

Brought to you by
Community Health Workers
specializing in
Maternal and Child Health

