

NURTURING HOPE SERIES

Free classes for parents and caregivers of children with special needs or health challenges 0-10 years old

Join us on Zoom, Mondays Feb 6-May 1

TOGETHER WE WILL..

- Create routines for your child.
- Explore positive discipline that fits your child's needs.
- Learn tips for managing stress.
- Address challenges.
- Ways to support children's growth.
- Build community and connections.
- And many other parenting topics of interest to families.

DETAILS:

- Mondays, 6:30-8:00 pm
- We will meet online over Zoom, through a computer, tablet, or phone.
- Gift cards for those families that attend 10-12 classes.

LEARN MORE:

Scan the QR code
Call or email Kenna:
503-893-5436

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Presented by:

