

## START ON SEPTEMBER 20, 2023

## "NURTURING PARENTING"



Series facilitated in Ukrainian and Russian based on registered participant language preference.

FREE COMMUNITY CLASSES WELCOME FAMILIES WITH CHILDREN AGES 5-11 YEARS OLD.

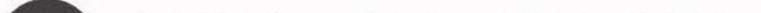
**TOPICS OF MASTER CLASSES** 

12 weeks in-person classes

- Positive Discipline: Helping your child make good choices and follow family rules.
- How should we praise our children? Exploring effective methods of praise.
- Punishment Issues: Understanding and addressing common challenges with discipline.
- Stress and Discipline: Strategies for avoiding potential issues when disciplining children.



https://resourcesguide.org



6:00 - 8:00 pm weekly

13405 SW Hall Blvd. Tigard, OR 97223

Babysitting option is available, snacks and tea treatments included



## 360-261-26-29

## **COMMUNITY PULSE ASSOCIATION**

