

## START ON JANUARY 23, 2024

## "NURTURING PARENTING"



## FREE COMMUNITY CLASSES WELCOME FAMILIES WITH CHILDREN AGES 5-11 YEARS OLD.

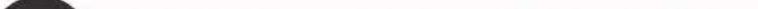
**TOPICS OF MASTER CLASSES** 

12 weeks in-person classes on

- Positive Discipline: Helping your child make good choices and follow family rules.
- How should we praise our children? Exploring effective methods of praise.
- Punishment Issues: Understanding and addressing common challenges with discipline.
- Stress and Discipline: Strategies for avoiding potential issues when disciplining children.



https://resourcesguide.org



Tuesday, at 6 to 8pm

223SEClevelandAve,Gresham, OR 97080

Babysitting option is available, snacks and tea treatments included





