



COMMUNITY
PULSE
ASSOCIATION

START ON JANUARY 23, 2024

"NURTURING PARENTING"

FREE COMMUNITY CLASSES
WELCOME FAMILIES WITH CHILDREN
AGES 5-11 YEARS OLD.



TOPICS OF MASTER CLASSES

- **Positive Discipline:** Helping your child make good choices and follow family rules.
- **How should we praise our children?** Exploring effective methods of praise.
- **Punishment Issues:** Understanding and addressing common challenges with discipline.
- **Stress and Discipline:** Strategies for avoiding potential issues when disciplining children.

12 weeks in-person classes on
Tuesday, at 6 to 8pm

223 SE Cleveland Ave,
Gresham, OR 97080

Babysitting option is available,
snacks and tea treatments
included



<https://resourcesguide.org>



360-261-2629

COMMUNITY PULSE ASSOCIATION



PARENTING
TOGETHER

Washington County