

Mission: Parenting Together Washington County builds and sustains life-long learning connections between children, families and communities to enable all to thrive.

Vision: Our community works in partnership with families to raise strong, healthy children who are life-long learners, with equal opportunities to succeed and reach their full potential.

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**Washington County Health
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PROGRAMMING OVERVIEW

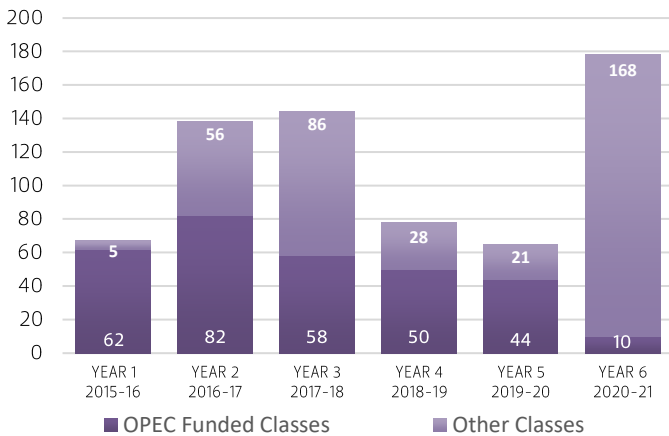
ACTIVITY	DESCRIPTION	2020-2021 TOTAL	CUMULATIVE TOTAL*
OPEC Funded Parenting Education Series	Parenting Series Completed	1	30
	Parenting Classes	10	306
	Parents Attended At Least One Class	20	*
	Parents Attended— Average	13	295
	Parents Attended 70% or More	14	278
	Children/Youth Attended	8	341
	Contact Opportunities (parents & youth)	210	6,863
Other Parenting Education Series	Parenting Series Completed	18	43
	Parenting Classes	168	364
	Parents Attended At Least One Class	252	*
	Parents Attended— Average	199	447
	Parents Attended 70% or More	187	401
	Children/Youth Attended	196	478
	Contact Opportunities (parents & youth)	3,863	7,876
Parent Workshops	Number of Sessions	5	62
	Parents Attended	58	953
	Children/Youth Attended	14	859
Parent Support Activities	Number of Sessions	28	105
	Parents Attended	125	372
	Children/Youth Attended	109	421
Family Activities	Number of Activities	2	49
	People Attended	85	8,170

*Cumulative totals from 2015-2021; *Parents Attended At Least One Class* was a new field in 2015-2016, therefore cumulative results not available.

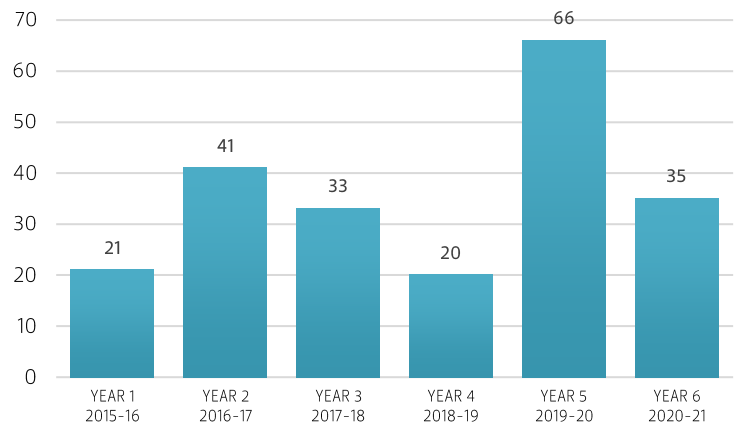


SERIES & FAMILY PROGRAMS

PARENTING EDUCATION SERIES [NUMBER OF CLASSES]



FAMILY PROGRAMS [WORKSHOPS, PARENT SUPPORT ACTIVITIES, AND FAMILY ACTIVITIES]

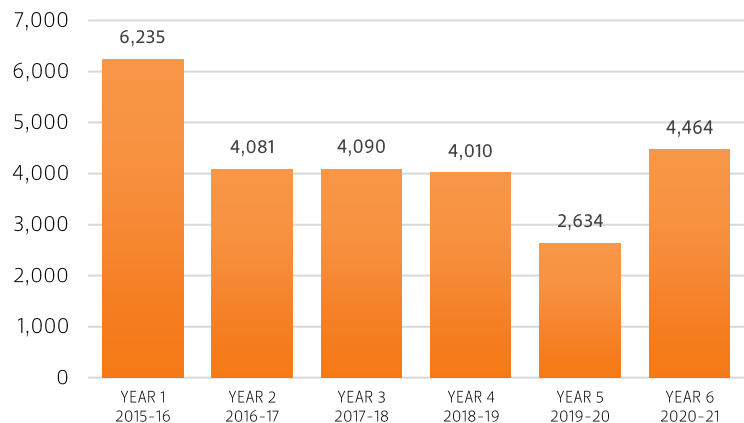


TOTAL CONTACTS

TOTAL CONTACTS



Total Contacts includes parents and youth contacted during all parenting education series, parents and youth who attended workshops, parents and youth who attended parent support activities, and people who attended family activities.





ORGANIZATIONAL CAPACITY OVERVIEW

ACTIVITY	DESCRIPTION	2020-2021 TOTAL	CUMULATIVE TOTAL*
Facilitators Trained in Curricula	OPEC Facilitators Trained	0	7
	Other Facilitators Trained	14	107
Funds Leveraged	Funds Leveraged	\$112,171	\$1,474,438
	In-Kind Leveraged	\$85,000	\$186,013
	Total Leveraged	\$197,171	\$1,660,451
Advisory Meetings	Number of Meetings	21	175
Professional Development	Professional Development Sessions for Facilitators	26	31
	Professional Development Sessions for OPEC Staff	56	179
Programs with Schools	Programs Held in School Facilities	2	771
	Additional Programs in Collaboration with Schools	20	121

*Cumulative totals from 2015-2021.



DEMOGRAPHICS

[OF FAMILIES COMPLETING EVALUATIONS FOR PARENTING SERIES AND WORKSHOPS]

GENDER	
85%	Women
6%	Men
9%	Did not specify

RACE/ETHNICITY	
14%	White/Caucasian
71%	Hispanic/Latino
7%	Black/African American
3%	Asian/Pacific Islander
0%	Native American
5%	Other/Did not specify

185
parents

367
children

CHILDREN	
0-18	Age range
8	Average age
49%	Age 0-6 years
2	Children per family

COUNTY	
90%	Washington County
10%	Multnomah County

PARENT AGE	
21-63	Age range
40	Average age

PARENTING STYLE	
70%	With partner
22%	By themselves
8%	Did not specify

LOW INCOME STATUS	
56%	Use at least one resource for low income families (WIC, OHP, SNAP/TANF, Free/Reduced Lunch)



PARENT & CHILD SKILLS

PARENTING SKILLS

	BEFORE PARTICIPATION	AFTER PARTICIPATION
Know normal behavior for my child(ren)'s age level	3.4	4.8***
Show my child(ren) love and affection frequently	4.5	5.3***
Listen to my child(ren) to understand their feelings	3.6	5.0***
Help my child(ren) feel good about themselves	4.1	5.1***
Set and stick to reasonable limits and rules	3.2	4.7***
Know fun activities to help my child(ren) learn	3.5	4.9***
Find positive ways to guide and discipline my child(ren)	3.5	4.8***
Play with my child(ren) frequently	3.8	4.8***
Protect my child(ren) from unsafe conditions	4.8	5.4***
Talk with other parents to share experiences	3.0	4.5***
Deal with the day-to-day stresses of parenting	3.2	4.7***
Understand my goals and values as a parent	3.5	5.0***



The retrospective t-test design revealed **significant improvement in parenting skills on starred items.**



The retrospective t-test design revealed **significant improvement in child skills on starred items.**

CHILD SKILLS

	BEFORE PARTICIPATION	AFTER PARTICIPATION
Shows concern for others	4.0	4.7***
Willing to follow limits and rules	3.5	4.6***
Gets along with others	4.2	5.0***

Note: Dependent t-tests were used to calculate significance levels. ***Significant results indicate child skills improved after the parenting education series, $p < 0.05$. $N = 113$.



PARENT SATISFACTION

PARENTING EDUCATION SERIES

97%

of parents reported that the class series was somewhat or very helpful

95%

of parents reported they would recommend the class series to others

PARENTING WORKSHOPS

100%

of parents reported that the workshop was somewhat or very helpful

99%

of parents reported that they would use the information from the workshop



QUOTES

[FROM PROGRAM PARTICIPANTS]

“ [I liked] knowing more about child growth and development.

“ [My child] is communicating much better and learning more self-regulation tools.

“ Tengo mas paciencia (I have more patience)

“ [I am] more understanding and empathetic to my kids.

“ [I liked] the opportunity to connect with other parents and see I'm not the only one going through the struggles.



STRENGTHS

The integration of multiple departments and teams within the agency is contributing to enhanced coordination and long-term sustainability

Strengthened and expanded partnerships with a wide range of cross-disciplinary partners across the county

Engagement with OSU Intern program increased overall capacity and supported data entry and evaluation.

Offered a diverse menu of virtual parenting education classes as well as socially-distanced outdoor events (e.g., drive-thru events)

Several culturally- and linguistically-responsive parenting classes offered in Spanish, Swahili, and Somali



CHALLENGES

Challenges with virtual format of programs associated with keeping families and children engaged, poor connectivity, and background noise

Current county hiring practices for positions designated as bilingual require significant time and effort for candidates to engage in, resulting in lost opportunities

Delivery of materials to families across the county posed some challenges and led to disappointment when families were not able to participate in virtual classes



LESSONS LEARNED

Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it's the only thing that ever has. - Margaret Mead

Margaret Mead's quote encapsulates Parenting Together Washington County's reflection of both a challenging and rewarding year on a variety of fronts. While there was the anguish, pain, suffering, and loss brought on by a historical global pandemic, there was another kind of anguish, pain, and suffering in the murder of George Floyd. The reality of an ongoing pandemic of violence against black men, women, and children, further escalating to Asian Americans; the suffering of many due to record-breaking fires, floods, and storms as our planet is challenged by the behavior of its human inhabitants. Most of us called on our better selves - seeing clearly what is at stake, how persistent and historical patterns of inequity manifest themselves and became magnified, amplified, and illuminated during this long period of awakening. I witnessed incredible passion, resilience, persistence, creativity, and drive by so many, drawing on the resilience they had built to respond to these challenging moments in ways that will not soon be forgotten.



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The narrative sections of this report, including Lessons Learned and Plans for 2021-2022, were written by OPEC Hub staff. Although these sections were edited for clarity by OSU staff, the narratives remain in the voice of the Hub staff.

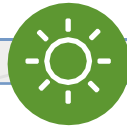


LESSONS LEARNED

[CONTINUED]



The needs of families became more important and the recognition of those needs shaped our innovative and exhaustive response. Margaret Mead's quote speaks to the possibilities and the long journey we have ahead of us to continue to surprise, awe, inspire, and make good on our promises to each other, to children and families, communities and to our planet.



PLANS FOR 2021-2022

Reflect, heal, learn, help, adapt and change to achieve something fair, equitable and lasting!