

ABC'S OF PARENTING SERIES

Free classes focused on building school success for parents and caregivers of children 2-8 years old.

JOIN US FOR A 7 SESSION PARENTING CLASS ON ZOOM, TUESDAYS JANUARY 28-MARCH 11

TOGETHER WE WILL..

- Learn about how to support your child's continued development.
- Share tools to build family comfort and confidence.
- Provide tips to manage behavior and understand emotions.
- Exchange ideas for creating routines, family rules, and values.
- Identify ways to cope with personal or family stress.
- Share tools for problem solving and compromise.
- Build community and connection while you prepare your child for school success.

DETAILS:

- Tuesdays 6:30-8:00pm
- We will meet online on Zoom, through a computer, tablet, or phone.
- Gift cards for families that attend 6 or more classes

LEARN MORE:

Scan the QR code or
Call or email Kenna:
503-610-0906

kenna_gamboa@washingtoncountyor.gov

Interested in this class in Spanish? Email
alba_sullivan@washingtoncountyor.gov



Presented by:

