



6:00 - 7:30 pm

January

7

NURTURING PARENTING

*for parents of children from
birth to 5 years*

- § Love, connection and attachment between parents and child
- § Expectations and age norms of skills for children 0-5 years
- § Sleep, feeding, diapers, bathing, potty training
- § Care and daily routine for children 0-5 years
- § Entertainment for child 0-1 year old, activities for child 1-5 years
- § Rewards and punishments: what, when, why, how
- § Discipline with dignity

Trainer: Liliia
Bielousova, consultant
on raising children,
owner of the Academy
for parents "Conscious
Parenting"
www.acparenting.com

LOCATION:

**13405 SW HALL
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Registration

360-261-2629